

	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONGLY DISAGREE
I worry about having enough food to eat.					
I worry about running out of food before I have money to buy more.					
I have access to fresh and nutritious food when I need it.					
I can afford to buy enough food for myself/household.					
I have skipped meals or eaten less because I couldn't afford food.					
I can easily get to a grocery store or food source when needed.					
I need long-term support for accessing affordable, nutritious food.					
The food I eat is nutritious and balanced.					
I have had to choose cheaper, less nutritious food due to the cost.					
I eat enough fruit and vegetables regularly.					
I feel that my diet meets my health and nutritional needs.					
I know where to find local food assistance programs if needed.					
I have used food assistance programs (food banks, SNAP, etc.) in the past year.					
I feel comfortable seeking help when I don't have enough food.					
I believe there are enough food resources in my community.					
My household relies on food assistance to meet our needs.					

	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONGLY DISAGREE
I would use food assistance programs if they were more accessible or better suited to my needs.					
I have difficulty accessing food assistance due to transportation issues.					
I face eligibility or documentation challenges when applying for food assistance.					
I understand the eligibility requirements for applying for Calfresh.					
The Calfresh process is easy to understand.					
I feel confident in my ability to complete a CalFresh application on my own.					
I know how to check the status of my CalFresh application.					
I know how to renew my CalFresh benefits when necessary.					
I know how to report issues or errors with my CalFresh benefits.					
I know where to find resources or programs to help me get food.					
I worry about not having enough good to meet my needs or the needs of my family.					
I believe food insecurity negatively impacts my physical health and well-being.					
I feel stressed or anxious about where my next meal will come from.					
Food insecurity affects my ability to focus or perform well at work or school.					



	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONGLY DISAGREE
I can easily access medical care when I need it.					
I have a regular doctor or healthcare provider.					
I have postponed or skipped medical care due to cost concerns.					
I can afford my prescriptions and necessary medications.					
I have untreated mental health concerns and need help finding care.					
I need support with managing disability or chronic illness.					
I need assistance applying for health insurance.					
I know where to go for low-cost or free medical care in my area.					
Transportation is a barrier for me when seeking medical care.					
I feel comfortable seeking medical care without fear of discrimination or judgement.					
I have access to specialists when needed (e.g., dental, vision, mental health, etc.).					
I know where to find urgent care or emergency medical services in my area.					
I currently have health insurance.					
I understand my health insurance coverage and benefits.					
I have difficulty affording health insurance or healthcare costs.					
I know how to apply for Medi-Cal, Medicaid, Medicare, or Covered California.					

	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONGLY DISAGREE
I have been denied healthcare					
services due to lack of insurance.					
I need assistance in finding					
affordable health insurance options.					
I have difficulty understanding					
healthcare forms and applications.					
I have been unable to receive					
medical care due to long waiting					
times.					
Language and cultural differences					
make it harder for me to access					
care.					
I have difficulty finding healthcare					
providers who accept my insurance.	_			_	_
I would use healthcare assistance		Ш	Ш	Ш	Ш
programs if they were easier to					
access.					
I need help navigating health	Ш	Ш	Ш	Ш	Ш
insurance options for post-hospital					
care.					
I find it easy to schedule	Ш	Ш	Ш	Ш	Ш
appointments with my primary care					
provider when needed.					
I know where to go if I need primary healthcare services.	Ш	Ш	Ш	Ш	Ш
My healthcare provider takes the					
time to understand my medical and	Ш	Ш	Ш	Ш	Ш
personal needs.					
I feel comfortable discussing my					
health concerns with my primary		Ш			
care provider.					
I can easily access preventive care	П				
services, such as check-ups and		Ш			
vaccinations.					
I need a local healthcare facility					П
that provides patient-centered		Ш		Ш	
medical home services.					
I feel that my health insurance	П	П		П	П
adequately covers my primary care					
needs.					
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	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONGLY DISAGREE
I have difficulty accessing the resources and services I need.					
I feel overwhelmed trying to navigate different support systems.					
I have a case manager or social worker helping me with my needs.					
I would benefit from having someone assist me with coordinating services.					
I struggle to pay for basic necessities such as rent, utilities, and food.					
I need help applying for financial assistance programs (SSI, CalWorks, TANF, etc.).					
I know where to find resources for emergency shelter or housing support.					
I need help finding and maintaining stable housing.					
I need help finding a job or improving my employment situation.					
I am interested in job training or education programs.					
I struggle with transportation to work or school.					
I need assistance applying for vocational programs or financial aid.					
I would benefit from career counseling or job placement services.					
I have difficulty understanding and completing necessary paperwork for assistance programs.					

	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONGLY DISAGREE
I feel that I need an advocate to help me with accessing services.					
I need help understanding my rights and available community resources.					
I have experienced discrimination or barriers when trying to get help.					
I need help managing my basic needs (housing, food, medical care, employment, etc.).					
I am at risk of losing my housing due to financial or health-related challenges.					
I feel isolated in my parenting journey and would benefit from support groups or parenting classes.					
I have limited access to resources that could help me improve my parenting skills.					
I would like to learn about child development to better understand my child's needs.					
I feel confident in my ability to meet my child's emotional and developmental needs.					
I know where to find information about how to apply for CalFresh.					
I need assistance with my electricity bill.					
I am aware of nonprofit organizations that provide free or low-cost immigration services.					
I understand how local policies impact the quality of life in my community.					
I know where to find reliable information about my rights in labor, health, or immigration.					



	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONGLY DISAGREE
I feel comfortable seeking professional mental health support.					
I have a strong support system to help me cope with my challenges.					
I have a history of substance use that impacts my overall well-being.					
I have difficulty managing my medications as prescribed.					
I need help coordinating my medical appointments and treatments.					
I have unstable or unsafe housing.					
I have limited transportation options for medical or social services.					
I have difficulty understanding or following my healthcare provider's instructions.					
I would benefit from a Lead Care Manager to help manage my health and social needs.					
I am open to working with a care team to improve my overall well-being.					
I need assistance with meal preparation.					
I rely on others to help me with activities such as grocery shopping or errands.					
I would benefit from meal delivery services or community meal programs.					

	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONGLY DISAGREE
I have a medical condition that requires a specialized diet, but I struggle to maintain it.					
I need guidance on healthy eating habits to support my overall wellbeing.					
I have limited knowledge about community resources that could help me live independently.					
I am open to receiving support from community support to promote stability and independence.					
I would benefit from home modifications or assistive devices to improve my independence.					
I would benefit from a support group or program focused on family reunification.					
I need help locating or contacting my family members.					
I do not have a safe or stable place to recover after leaving the hospital.					
I need help accessing follow-up medical appointments and care.					
I feel unsafe returning to my previous living environment due to health or personal concerns.					
I am willing to follow a recovery plan to improve my health and independence.					
I need help navigating financial options for post-hospital care.					
I spend most of my time outdoors or in places without heating or cooling.					
I have a medical condition that worsens in extreme cold or heat.					
I do not have reliable transportation to reach a warming or cooling center.					