

Welcome! Health Zone Collaborative Meeting #2

Thursday, September 5, 2024



Restorative Practice: Cultivating Cultures of Care



Invitation: For the next 5 minutes, spend some time settling into your space....

- Grab a grounding object. Rocks, gems, crystals, fidget toys, pillows or pets help with excess energy or if/when you need a boost of energy.
- Get in a comfy position. Make sure ergonomics are on point. Stand/Stretch as you need to.
- Ensure nourishment is nearby (beverages/food)- grab sustenance (water/food) when you need it.
- Connect with yourself- your temperature, feelings, what you need to quiet or release in order to be present.
- Connect with the land you are on. What beauty is here, what pain? Practice being with both- in the contrast.
- Bring in an intention-what are you a commitment to in this space?
- Feel your interconnectedness- Connect with the hearts, minds and bodies of this space by looking at each name on your screen.
- Activate your presence to be an engaged learner. Put your phones on silent/close any open tabs on your computer and in your head.

Meeting Intentions + Purpose



Building Intentional Community:

Collective Visioning: Our visions of a Continuum of Care

Building Practice:

- Reflect on Insights and Outcomes: Participate in a reflective activity guided by Diana to review and discuss the key insights and outcomes from the Kick-Off meeting.
- Establish Meeting Cadence: Collaboratively decide on the frequency and schedule for future Health Zone Collaborative meetings.

Building Capacity:

- Form Working Groups: Explore forming working groups within the Collaborative to focus on specific areas of interest or need.
- Discuss Monetary Exchange: Address the terms and conditions of the monetary exchange for each organization's participation in the Collaborative.
- Encourage Broad Participation: Emphasize the importance of having multiple representatives from each organization to enhance the collective impact of the Collaborative.

Reflection:

Close out and Collaborative Commitments



Building Intentional Community:

 What is the "I" and "We" work needed to create a community of belonging for all?

Community Agreements (draft!)





- Co-creation. We will have a co-created vision statement and purpose— we will finalize next month- in person meeting.
- Care of Self, Care of Others. We take care of our needs and we care for each other as best we can. We work to be loving and kind with each other, remembering that we're all in this together!
- Expect/accept lack of closure. We expect alive and ongoing conversations.
- Recognize Culture. We honor the histories and cultural roots of ideas, songs and practices by naming their origin and celebrating their unique contributions.*attribution
- Grow Together. We welcome opportunities to give and receive feedback as we grow together into our fuller selves.
- Practice Openness. We practice openness to new perspectives and experiences, exploring the edges of our own truth and understanding.

Building Intentional Community Activity

Visualizing a "Connected Continuum of Care"

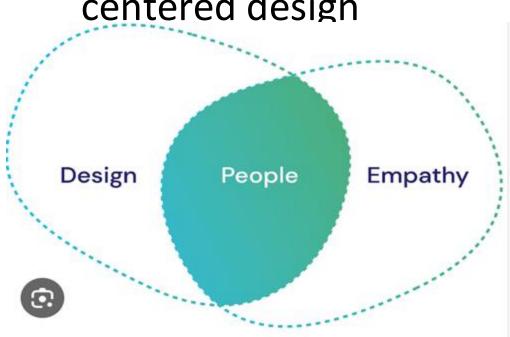
- What images, symbols, or scenes come to mind when you hear this phrase?
- What emotions or thoughts arise?
- How do you envision care being connected or continuous across different aspects of life?



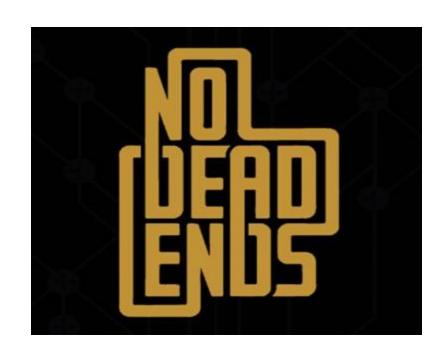
VISION BOARD: Insert 1-3 images, words or feelings that comes to mind and heart when you think of "A CONNECTED CONTINUUM OF CARE"

seamlessness

human/neighbor centered design

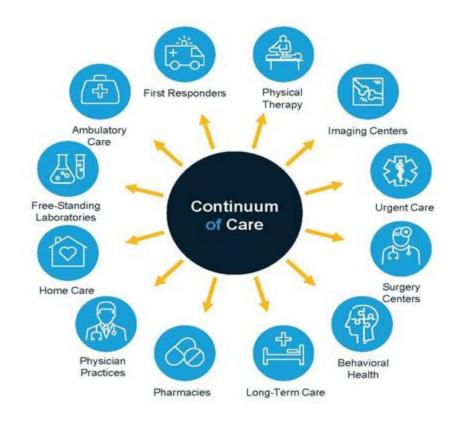


supportive





Access to quality care efficient care
Care Coordination preventative care
Health education



Building Practice:

 Strong understanding of the work, my role, and the role of others



Let's Get to Consensus!

PARTNERSHIP + COLLABORATION PROGRAM COMPONENT

Goal/Objectives:

- Codify the scope of work and how the collaborative will work together - a charter!
- Agree on the theory of change gain consensus on logic models
- Determine what we can feasibly imagine collecting for continuous improvement and evaluation purposes.

Impact Measure: We will Co-Design:

Starting today...

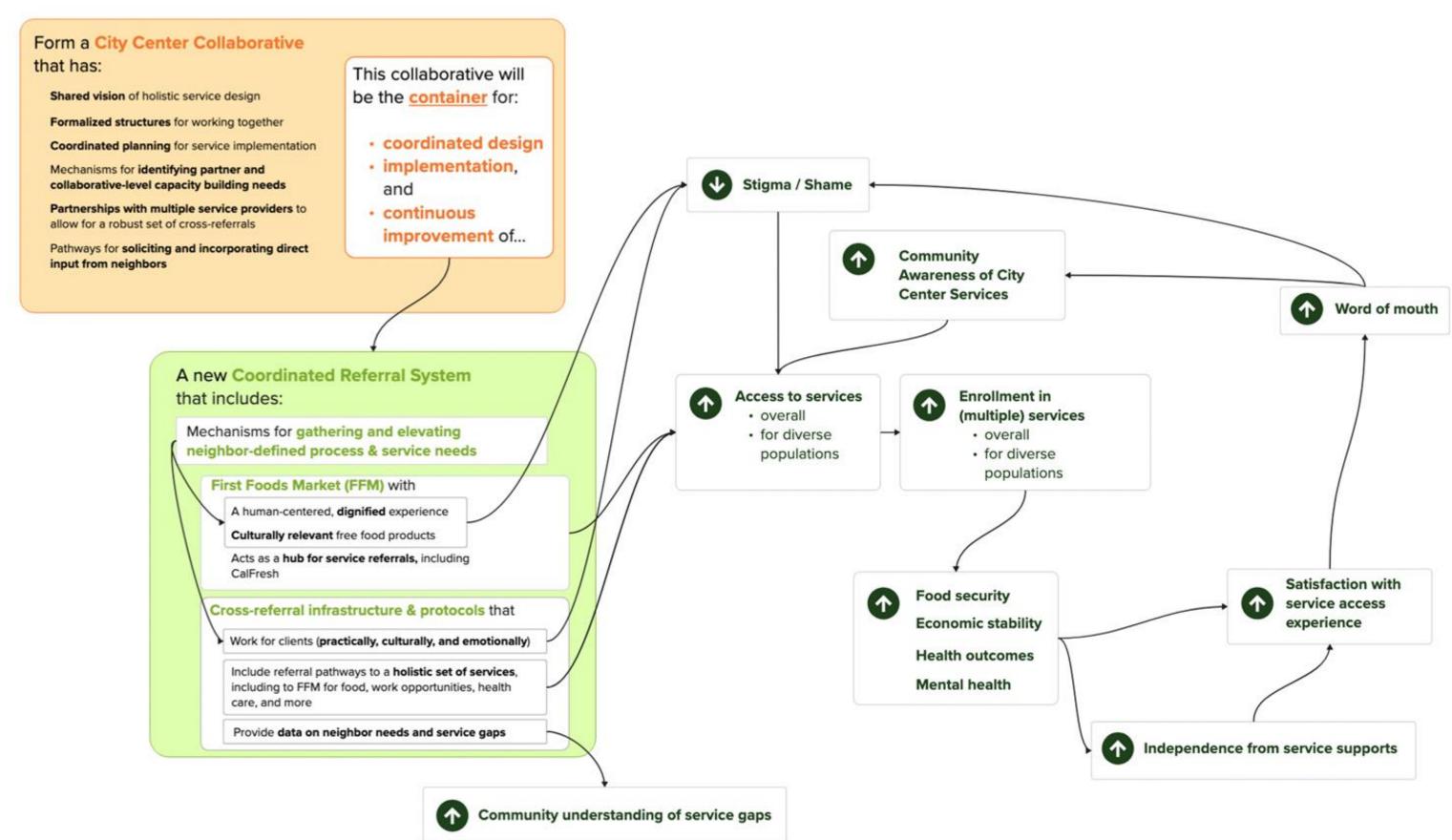
- charter document
- meeting cadence
- schedule
- preliminary evaluation goals

Coming soon...

- research data collection systems
- discuss data sharing agreement and explora a referral process
- Elevate and address question and concerns from the collaborative.
- explore how to measure outcomes (i.e. health metrics, food secuting +healthy eating, stress/wellbeing and/or emotional health, sense of stability and/or sense of dignity



Fresno Health Zone Logic Model



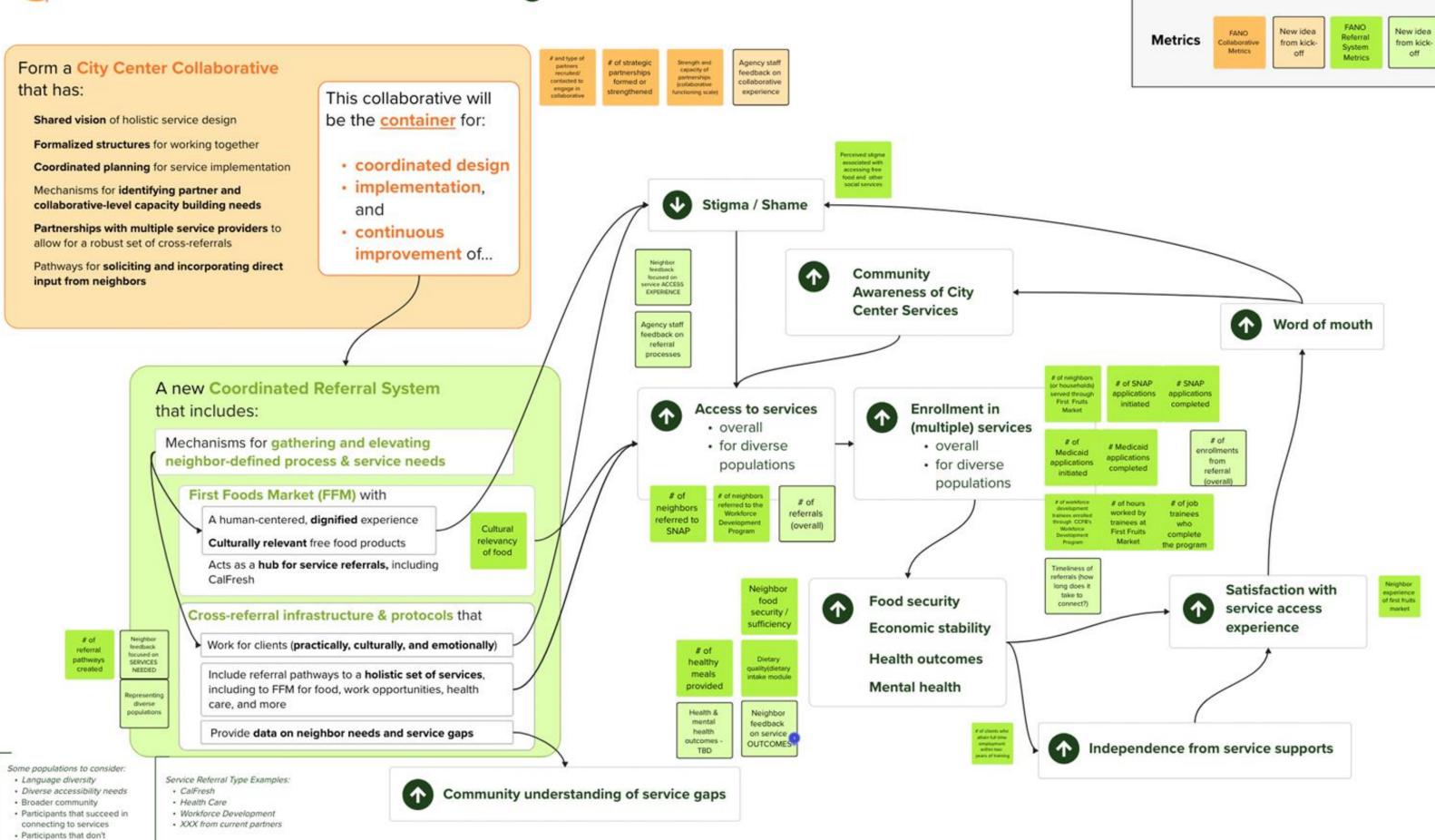


succeed in connecting to

services

And others as partners join

Fresno Health Zone Logic Model



OUTCOMES

TIMELINE – Draft & Discussion

Project Areas

City Center Collaborative

- Build a Community of Practice
- Develop Membership & Define Roles

Neighbor Input Structures

- Gather Initial Input
- Design Ongoing Feedback Loops

Establish Referral Pipelines

- Design Assessments
- Referral Protocols
- Referral Infrastructure

Grown First Foods Market as a Service Hub

- Implement Service Referrals & Application Assistance
- Establish Food Advisory Committee

Evaluation & Reporting

- Collaboration effectiveness
- Referral Pipeline Effectiveness
- Neighbor Outcomes





BUILDING CAPACITY:

 Tapping into our inspiration and radical imagination to define how we will create this new experience and opportunity for ourselves and the communities we belong to.



Community of Practice Model

An ongoing process in which participants work collaboratively in recurring cycles of collective inquiry and action research to achieve better results for the communities they serve.



Elements of an Equity Centered Community of Practice

Dialogue and Relationships: Co-create, facilitate and maintain structures that Vision and Purpose: Articulate a powerful and support the development of trusting relationships and shared vision of our intentions, purpose and dialogue across a diversity of roles and backgrounds relevance of our learner journey. (race, gender, class, sexual orientation, language, and culture). **Action & Results Orientation** Take collective action and assess the work and efforts of the equity-centered community of practice on the **Learning and Implementation:** Time and Structure: Establish and protect meeting basis of results rather than Construct and implement datastructures and schedule to have productive intentions. driven professional collaboration focused on the goals of the learner learning and development focused journey. Create an action plan that lays out roles, on leading complex and responsibilities & timeframe of project. transformational change.

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Work Group Areas?

	Project Areas	Lead, Support
	 City Center Collaborative Build a Community of Practice Develop Membership & Define Roles 	CCFBLisa/CASA?
	 Neighbor Input Structures Gather Initial Input Design Ongoing Feedback Loops 	???
	 Establish Referral Pipelines Design Assessments Referral Protocols Referral Infrastructure 	???
	 Grow First Foods Market as a Service Hub Implement Service Referrals & Application Assistance Establish Food Advisory Committee 	CCFB
AL	 Evaluation & Reporting Collaboration effectiveness Referral Pipeline Effectiveness Neighbor Outcomes 	???



City Center Collaborative - Charter Development

Fresno Health Zone

City Center Collaborative Charter

Charter Work Group Members

Vision (DRAFT)

Purpose (DRAFT)

Values

Agreements for Collaborative Work

Leadership Structure

Advisory Committees

Membership

Roles

Meetings

Communication

Decision-Making & Disagreements

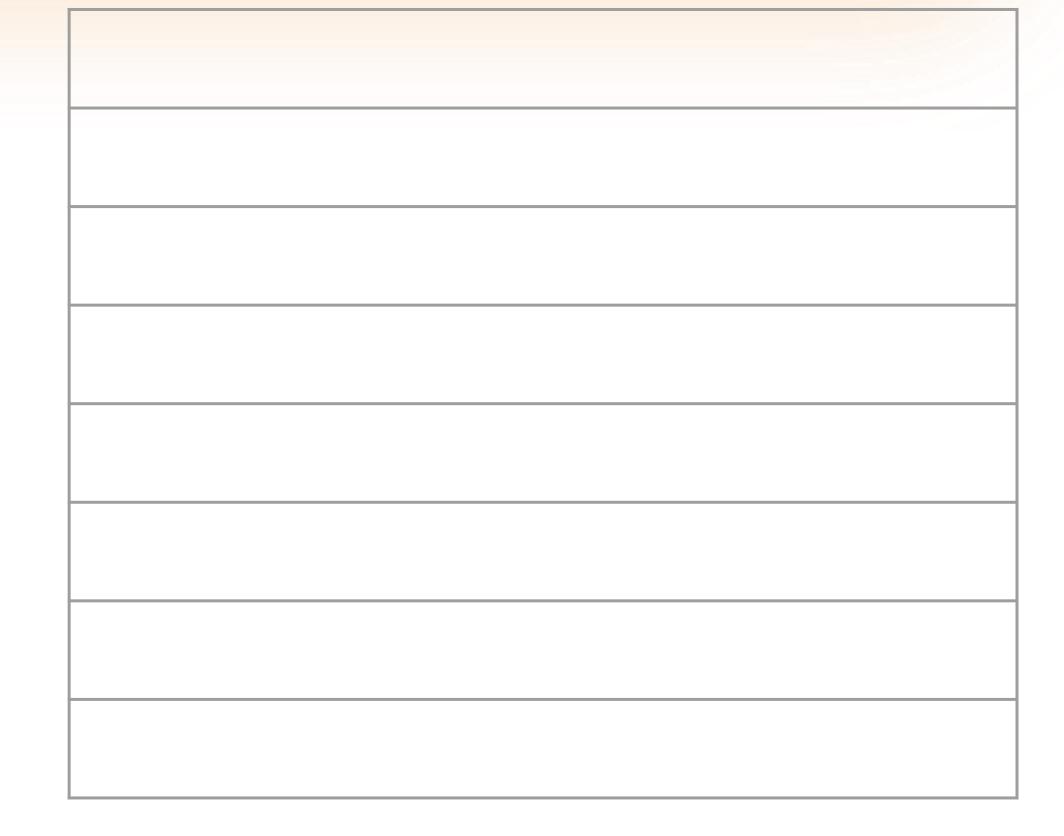
Evaluation

Risks & Contingency Plans



Ideation Session- Time and Structure

 How will we plan our meetings? What roles do we need for our meetings?





Ideation Session-Time and Structure

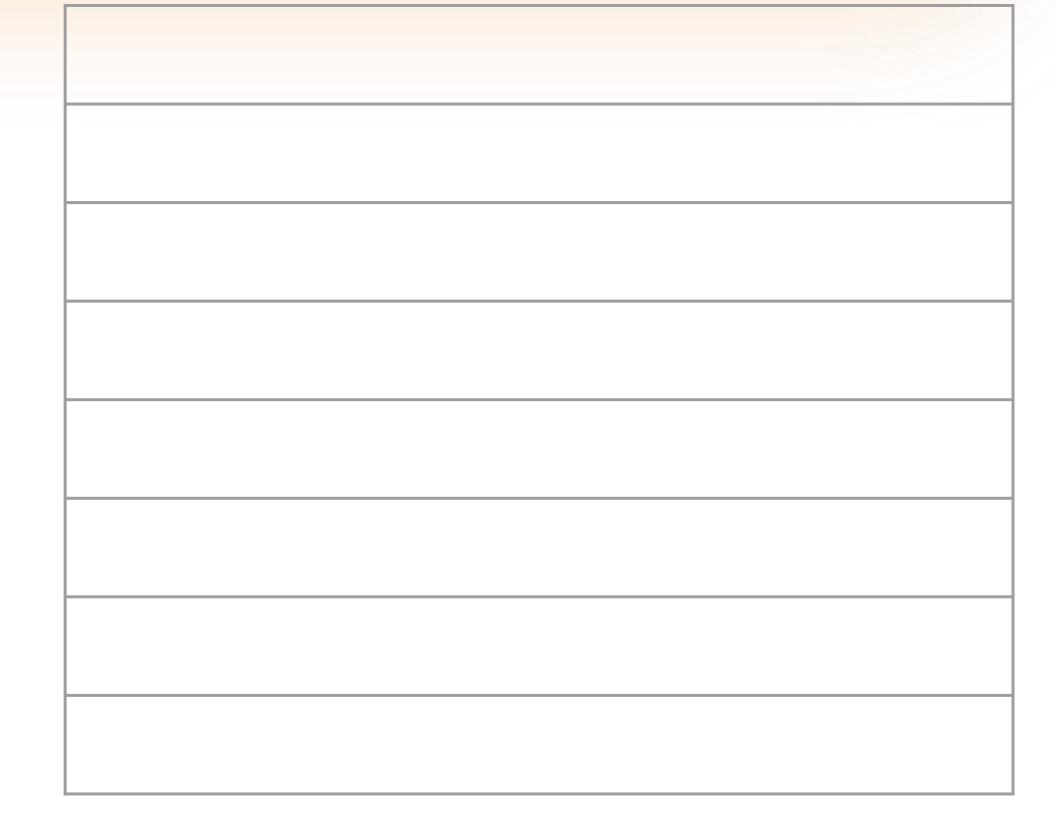
How will we begin each meeting?

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Ideation Session-Time and Structure

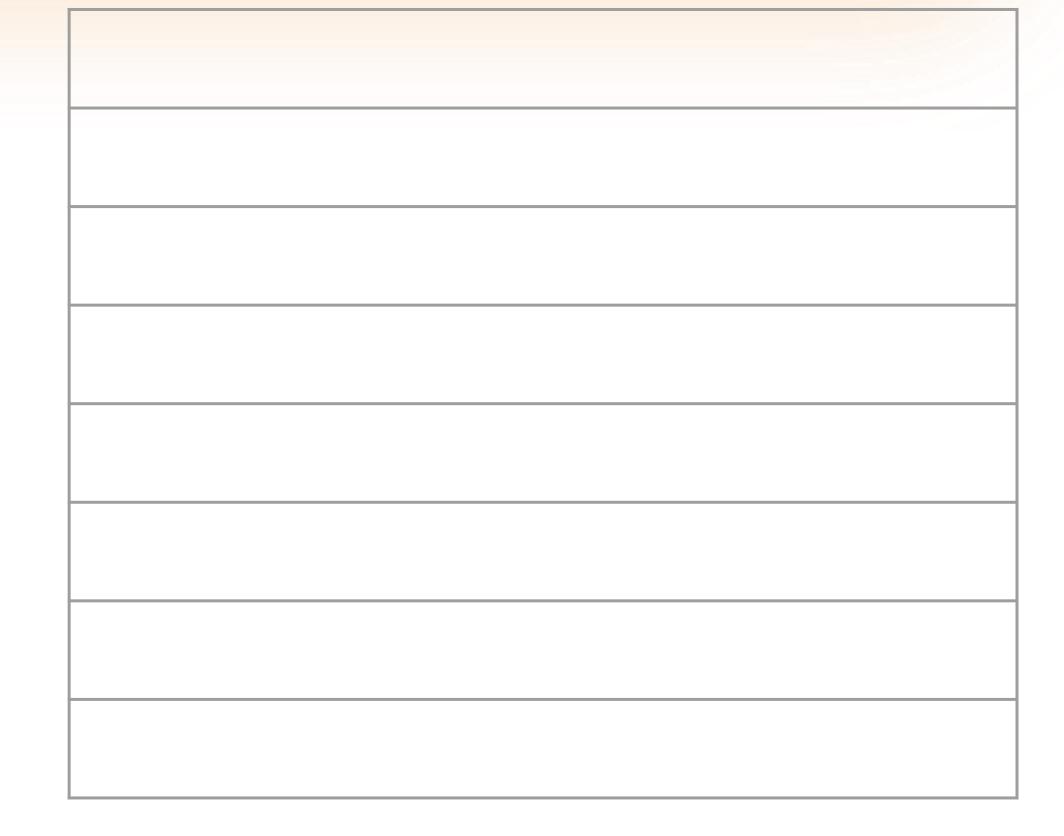
How will we end each meeting?





Ideation Session-Time and Structure

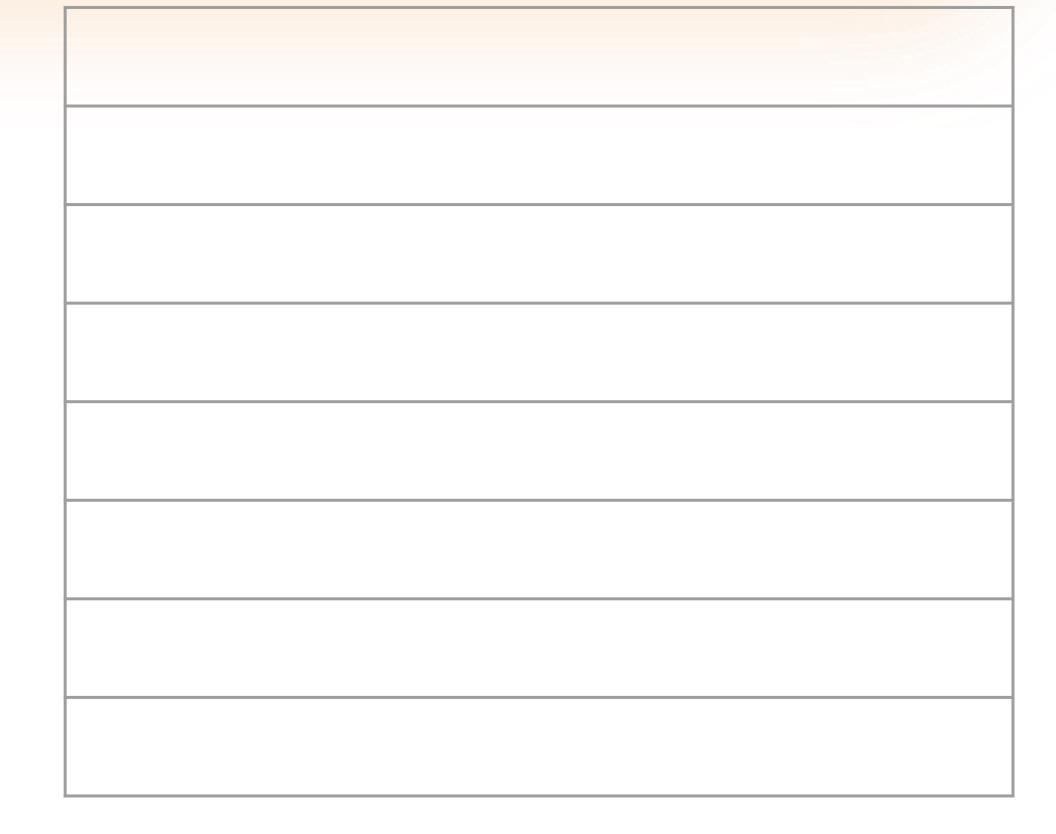
How will we communicate between meetings?





Ideation Session- Time and Structure

 What are the collaborative practices that will support professional learning (i.e., protocols and processes)





Ideation Session: Time and Structure

 When where and how frequently will we meet?



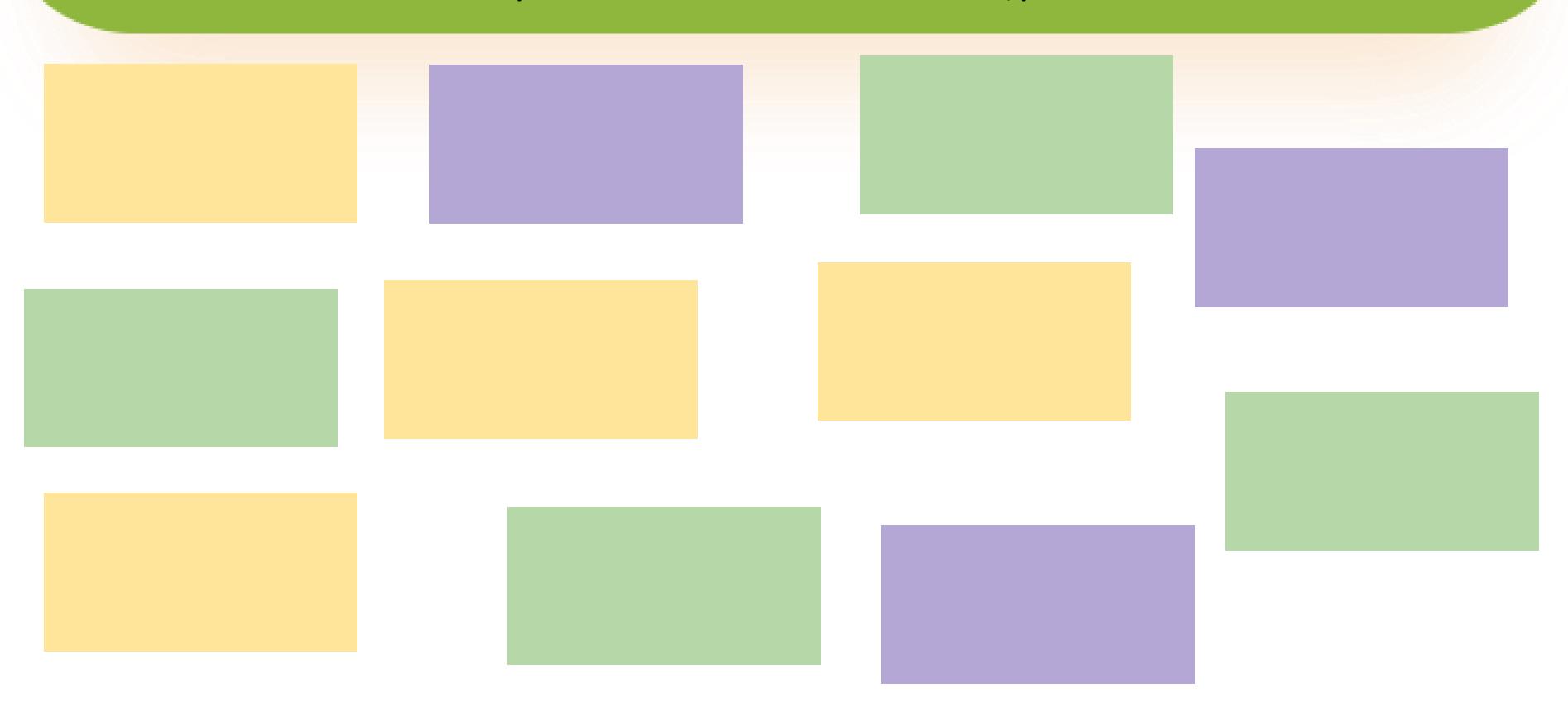
Neighbor Feedback Loops – Initial Input & Ongoing Evaluation Systems



Link to <u>draft plans</u> based on Kick-Off Meeting and feedback from Urban Institute

(If time) Ideation Session: First Fruits Market

Anchor Question: What would you like to see as resources advertised/promoted in the Market?

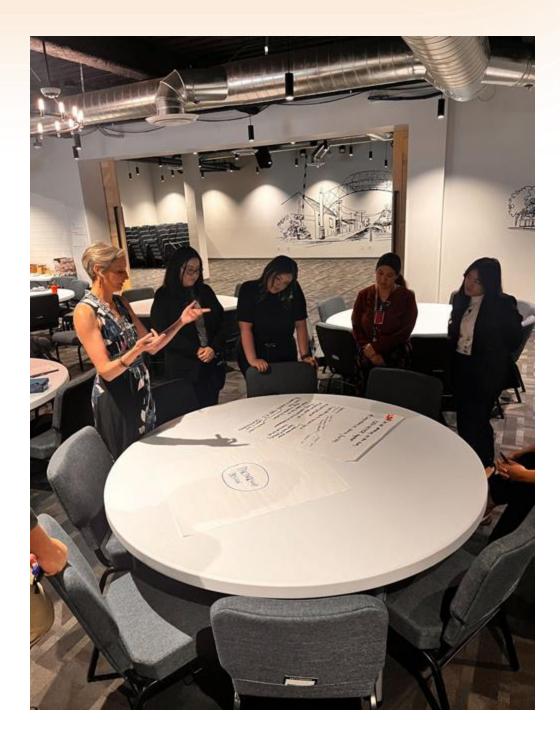




Collaborative Stipends

Please schedule a meeting with Vanessa to work out the details of collecting your Collaborative Stipend!





Next Steps

Next meeting is on:

October

Collaborative Commitments: please commit to the following action items before our next meeting:





The 4 A's

Thank you for your time, energy and commitment to our Neighbors!

Closing Activity Invitation: In the chat, share one word to describe how you are feeling after hearing more about the Health Zone work.

